



PRICE LIST & SPA INFORMATION

SPA SKIN CARE THERAPIES

Signature Skin and Body Therapy 1hr 45min | \$229
Exclusive to the Lost World Spa, this full body nurturing ritual is to be experienced and remembered. Begin with a foot soak and scrub, soothing back massage and moisture rich scalp treatment, followed by an intensive facial and soothing hand and foot massage for a truly restorative spa experience.

High Performing Thermal Skin Therapy 1hr 30min | \$215
This high performance treatment uses an exclusive warm infusing mask to maximise the penetration of vitamins and minerals into the deeper layers of the skin leaving your skin hydrated and toned. By restoring forgotten elasticity and radiance, this is more than just a facial; its nature's face lift!

Men's Maintenance Facial 1hr 15min | \$165
Begin with a salt therapy back massage that will ease stress and reduce tension. Continue with a deep cleansing and exfoliating facial that balances the skin's natural oils and assists in preventing ingrown hairs. A relaxing facial massage will tone and firm the muscles leaving you looking fresh and revitalised.

Radiance Skin Therapy 1hr | \$135
Essential, customised facial therapy for your skin's needs, includes a deep cleanse and exfoliation, relaxing facial massage and mask to purify and hydrate. Your skin will feel revitalised and mountain fresh.

SPA HAND AND FOOT THERAPIES

Soul to Sole Therapy 1hr 30min | \$169
Perfect after a rigorous day in the mountains, this sublime treatment provides intense relief for aching legs and feet. Feet are immersed in a warm mineralised footbath then scrubbed from knee to toe followed by a deeply soothing foot massage and mask. Your hands are not forgotten with an exfoliation and rich cream massage to nourish and soften. A moisture rich scalp treatment including a scalp and shoulder massage complete this soulful experience.

Spa Foot Therapy 1hr 15min | \$129
Put your feet up while we soothe and revitalise over-worked feet. This treatment includes a foot soak and exfoliation, refreshing massage, nourishing mask and concludes with a full pedicure.

Spa Hand Therapy 1hr 15min | \$129
A well-deserved treatment for over-exposed hands. We will replenish, repair and soften your hands with an exfoliation, soothing massage and hydrating mask. A full manicure completes the treatment.

BODY AND WATER THERAPIES

Vinotherapy Body infusion 1hr 30min | \$195
Embracing the therapeutic benefits on Vinotherapy, this deeply conditioning treatment begins with a gentle jojoba body polish followed by a red grape & clay infused body mask to firm and nourish your skin. Enjoy a relaxing head and scalp massage while you are warmly cocooned, combined with an express hydrating facial.

Refining Body Toner 1hr 15mins | \$165
This nourishing treatment begins with a gentle jojoba body polish to exfoliate and cleanse followed by a full body mask rich in French pink clay and herbal extracts to firm, tone and condition the skin. While you are wrapped up and warm, enjoy a relaxing head and scalp massage. This treatment is extremely beneficial in renewing scar tissue and stretch marks and is safe and effective before, during and after pregnancy.

Reviving Salt Glow 1hr | \$129
This refreshing treatment increases circulation and is perfect after long periods of travel or exercise. Combining warming and soothing oils with mineral salts, this exfoliation buffs and smooths the skin while reviving aching muscles.

MASSAGES

Sodashi Signature Massage 1hr 15min | \$165
Relax with a soothing foot soak and scrub before surrendering to Sodashi's healing massage. A sanctuary for the sense using signature aromatherapy oils and soothing strokes, this deeply relaxing massage encourages lymphatic circulation and balances the energy meridians in the body. Your skin will feel nourished and your spirit will feel centred.

Hot Stone Therapy 1hr 30min | \$185
Heated volcanic stones are placed strategically along pressure points to help melt away tension creating a calming atmosphere. You will receive a full body massage promoting a positive energy flow giving a sense of harmony and balance helping you to feel at peace.

Remedial Deep Tissue Massage 1hr \$145 | 1hr 30min \$185
The ultimate in therapeutic massages. Your therapist will work with you on specific conditions to alleviate muscular tightness, chronic pain and restore joint mobility.

Relaxation Massage 1hr \$129 | 1hr 30min \$169
Feel all traces of tension dissolve, experience deep relaxation and counter the effects of a day in the mountains or lack of the rest with our customised massage therapies. By focusing on your areas of tension, our skilled massage therapists can personalise your treatment to ensure you feel refreshed and revived.

EXPECTING COUPLES

Mother to Be Relaxation Massage 1hr \$145 | 1hr 30min \$185
Take some well-deserved time to nurture yourself and celebrate the wonderful changes in your body. Pregnancy massage can safely, comfortably and effectively relieve the physical stress of pregnancy, stimulating circulation and reducing postural discomfort and back pain, or may simply offer a period of stillness and relaxation during the exciting time in your life.

Babymoon Experience 1hr (mother) \$186 | 1hr (couple) \$315
We have created a special package specifically for expectant parents, as a final chance for you to spend some quality time together as a couple before you begin your exciting new life together with your new baby. Upon arrival you will receive a sweet and savoury tastings plate. Then relax and surrender to your senses while you enjoy our unique couple's full body soy candle wax massage. This experience is shared in our beautiful couple's suite. Mum to be is massaged on our special pregnancy bed to ensure complete comfort for both you and the baby. A memento mum to be candle is included in your package.

THERAPEUTIC UPGRADES – ADD TO ANY TREATMENT

Vinotherapy Steam and Bath Time 30min | \$69 per person
Unwind before your spa treatments with some private time together in our luxurious couple's suite and exclusive steam room. With total privacy, move between the warming and therapeutic steam room, showers and bath to enjoy the breathtaking views.

Eye Treatment 15min | \$29
A great addition to any body treatment, this is a quick and effective eye treatment to reduce puffiness and dark circles or soothe irritation or tension.

Scalp Treatment 15min | \$29
A moisture rich mud scalp treatment and pressure point massage releases tension, while the mask treatment is left on to deeply nourish your scalp and leave your hair feeling silky and looking shiny.

Foot Recovery 15min | \$29
Recover after a hard walk...a warm foot soak with mineral salts and a pressure point massage to relieve and revive.

NOTE: Essential waxing and tinting available upon request.



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SPA RITUALS

All rituals can be taken as a couple in our secluded spa suites or individually for some precious time out.

The Lost World Ritual

5hr | \$595 per person

A complete ritual for those seeking deep relaxation and rejuvenation. After some quiet time to relax in the steam room, enjoy an aromatic foot soak and full body exfoliation before being cocooned in an intensely moisturizing and fragrant French clay body mask. Then, a nourishing scalp treatment and warm soak in the bath before enjoying a soothing cup of herbal tea and a light lunch. To complete your day of relaxation, surrender to a full body massage and customized facial, leaving your body revitalized and your skin glowing.

Vinotherapy Ritual

3hr | \$365 per person

Begin your ritual gently with a warm steam to relax muscles and slow the mind before a full body exfoliation to soften and smooth your skin. Continue your journey with a red grape & clay infused body mask to firm and nourish whilst enjoying a deeply relaxing scalp massage in your warm cocoon, followed by a full body massage. Conclude your ritual with a warm, aromatic soak in the tub, enhanced by the Lost World Spa's signature Vinotherapy blend.

Wholeness Ritual

2hr 30min | \$329 per person

Rebalance and retreat. Begin with a warm steam followed by an aromatic foot bath and full body salt glow, leaving your skin supple, soft and renewed. Allow your body and mind to rest while you enjoy a signature massage, including a gentle cleanse and face massage to nourish your skin. Enjoy this blissful time out.

SPA INFORMATION

Spa Guest Facilities

As a guest of the Lost World Spa you have complimentary use of our relaxation lounge with fireplace and stunning views, steam room for warming and relaxing before treatments and lap pool, perched spectacularly on the edge of the World Heritage listed rainforest. We welcome you to retreat for some precious personal time out or you may prefer to share your spa treatments in our couple suites. With private steam and bathing facilities.

Spa Cuisine

Embody the experience of the Lost World Spa by enjoying spa cuisine before or after your treatments. Choose from the nourishing menu designed to cleanse and restore your body's energies. Dine in the Relaxation Room whilst enjoying spectacular views. Some Spa Rituals include lunch.

Spa Lifestyle Boutique

Ensure you maintain the results of you have achieved during your treatments with a selection of results orientated skin care products, sensory body care creams, wellness lifestyle literature, calming CDs, candles and herbal teas. Perfect opportunities to treat yourself, spoil your friends or stock up for a romantic weekend in your Mountain Villa.

Product Choice

Produced in Australia, Sodashi products are 100% natural, luxurious and effective. In ancient Indian Sanskrit, Sodashi translates to "wholeness, purity and radiance" and these words aptly describe Sodashi products and unique spa treatments. Sodashi's skin and body care products and spa therapies use only natural sources from the earth and sea, including extracts and essential oils of the purest and highest grade.

Information on Vinotherapy

Vinotherapy involves using grape seed extracts which happen to contain some of nature's most powerful antioxidants. These antioxidants are fifty times the strength of vitamin E and ten times the strength of vitamin C. The grape products are rich in collagen and firm the skin and slow down the aging process.

The infusion of the extracts of grape will introduce healing properties and rejuvenate.

Products such as red grape extract, micronized vines, wine leaves, grape skins, yeasts, grape seed oil, red wine or muscatel wine are used to stimulate the production of collagen, combat free radicals and prevent the premature aging of the skin, as well as improving blood circulation, stimulating the immune system and combating fatigue.

Gift Vouchers

A Lost World Spa gift voucher is a thoughtful, precious and romantic gift. Whatever the occasion, we are just a phone call or email away and are happy to arrange a gift voucher of spa treatments. Contact us on 1800 688 722 or Reservations@oreillys.com.au today.