



Opening Hours: Sunday-Thursday-9am-5pm | Friday and Saturday-9am-6pm | Or by prior arrangement

## WELCOME TO O'REILLY'S LOST WORLD SPA

Created with vision, integrity and named after the rugged wilderness area to the southwest of O'Reilly's, The Lost World Spa embraces the natural elements of the surrounding environment offering discerning guests a chance to be nurtured amongst nature.

Soak up the fresh mountain air and natural beauty of this spectacular World Heritage area. Curl up by the fire and enjoy stunning views of the surrounding mountains before embarking upon a nature inspired spa ritual. The soothing sights and scents of the rainforest will calm your mind and refresh your soul as you surrender to the healing touch of our qualified and caring therapists.

Using all natural Pevonia products, the spa offers mind-melting massages, therapeutic skin care treatments and vinotherapy, which uses the powerful anti-aging actions of grapes from O'Reilly's Canungra Valley Vineyards. Enjoy some restorative time alone or share with someone special.

### MASSAGES

**REMEDIAL OR DEEP TISSUE** - 1 hour \$175 90 minutes \$225

The ultimate in therapeutic massages. Your therapist will work with you on specific conditions to alleviate muscular tightness, chronic pain and restore joint mobility.

**RELAXATION MASSAGE** - 1 hour \$159 90 minutes \$199

Feel all traces of tension dissolve, experience deep relaxation and counter the effects of a day in the mountains or lack of rest with our customized massage therapies. By focusing on your areas of tension, our skilled massage therapists can personalize your treatment to ensure you feel refreshed and revived.

**HOT STONE THERAPY** - 90 minutes \$225

Heated volcanic stones are placed strategically along pressure points to help melt away any tension creating a calming atmosphere. You will receive a full body massage promoting a positive energy flow giving a sense of harmony and balance helping you feel at peace.

**MOTHER TO BE RELAXATION MASSAGE** - 1 hour \$175 90 minutes \$225

Take some well-deserved time to nurture yourself and celebrate the wonderful changes in your body. Pregnancy massage can safely, comfortably and effectively relieve the physical stress of pregnancy, stimulating circulation and reducing postural discomfort and back pain - or may simply offer a period of stillness and relaxation during this exciting time in your life. Pregnant guests need to be in 2nd trimester or further along.



Enjoy a glass of sparkling wine and a tasty snack after your treatment!  
Remember to pre-order from our Spa Menu when you make your booking.

## FACIALS

### HIGH PERFORMANCE FACIAL - 90 minutes \$215

This facial treatment combats dry, dehydrated skin. Vitamin-enriched, it infuses the skin with vitamins A, E, and D, fighting free radicals that cause premature aging. This dramatic bi-thermal, hard lift-off treatment mask first warms to promote vitamin absorbency within the skin, then cools to seal in hydrating benefits, firm and refine the skin. Radiance, Nourishes and Plumps.

### RADIANCE SKIN THERAPY FACIAL - 1 hour \$169

A delightful aromatic blend of pure essential oils makes this facial unforgettable. This experience includes cleansing, gentle exfoliation, an aromatic massage and the ideal mask best suited for your skin type. A truly relaxing and custom facial treatment.

### MEN'S MAINTENANCE FACIAL - 1 hour \$169

This treatment specifically targets clogged pores, sensitivity, and razor burn while promoting total relaxation. Includes deep cleansing and a soothing propolis ampoule for deep repair. As a final step, a treatment mask is applied to refine the pores, soothe and condition the skin.

### AMPOULE - Add for \$40

Let us customize your Facial with an ampoule food booster for deeper and longer lasting results targeted to your individual concerns. Discuss your concerns with your therapist and they will choose from the following food boosters:

- Vitamin C with Oxyzomes - this illuminating ampoule releases vitamin C into your skin to rebuild collagen and brighten the complexion and increase oxygenation.
- Soothing Propolis - A natural antibiotic for the skin is known for its calming, healing and antibacterial benefits. Ideal for any skin with sensitive or capillary damage, men and acneic skin.
- Rejuvenating Vitaminic - Rich in vitamins A, E and D this revitalizing, brightening and nourishing ampoule is perfect to restore that youthful glow and fight free radical damage, especially during the winter season.
- Hydra Serum – for ultimate anti-aging, firming, plumping and more youthful skin.



## BODY

### CHOCOLATE INDULGENCE BODY WRAP - 90 minutes \$225

Elevate your senses with this sumptuous rejuvenating experience. This exquisite treatment pampers your skin and soothes the soul with the tantalising scent of Cacao. Reap the benefits of chocolate's natural antioxidants and moisturizing action as your skin is enriched from head to toe as you are warmly enveloped in a luscious chocolate infused cocoon.

### AROMA COCOON WRAP TREATMENT - 75 minutes \$200

One of most popular wraps as it's the perfect nourishing body treatment for dry skin and is the perfect wrap for 'mums to be' to prevent stretch marks and itchy skin. This gorgeous yoghurt wrap is rich in Vitamin E, squalane and lavender.

### REVIVING SALT GLOW - 1 hour \$169

This pure sea salt scrub is rich in negative ions to replenish and re energise your body whilst also removing dead skin cells, improving circulation and softening the texture of your body. This high concentration of pure microminerals is drawn from the sea water.

## RITUALS

### THE LOST WORLD RITUAL - 5 hours \$669 per person

A complete ritual for those seeking deep relaxation and rejuvenation. After some quiet time to relax in the steam room and warm soak in the bath, enjoy an aromatic foot soak and full body exfoliation before being cocooned in our intensely moisturizing chocolate indulgence body wrap. Then enjoy a soothing cup of herbal tea and a light spa lunch. To complete your day of relaxation, surrender to a full body relaxation massage and customized facial, leaving your body revitalized and your skin glowing.

### VINOTHERAPY RITUAL - 3 hours \$395 per person

Begin your ritual with a warm steam to relax the muscles and a warm aromatic soak in the tub enhanced by the Lost World Spa's signature vinotherapy blend. This will slow the mind before a full body exfoliation to soften and smooth your skin. Continue your journey with an aromatic yoghurt wrap to nourish whilst enjoying a deeply relaxing scalp massage in your warm cocoon. Then surrender to a deeply relaxing full body massage.



### **BABYMOON COUPLES EXPERIENCE** 1 hour \$365 per couple

We have created a delightful package specifically for expectant parents, as a final chance for you to spend some quality time together as a couple, before you begin your exciting life together with a new baby. Relax and surrender your senses while you enjoy our unique couple's full body soy candle wax massage. This experience is shared in our beautiful couple's suite, 'mum to be' is massaged on our special pregnancy bed to ensure complete comfort for both you and the baby. Afterwards you'll receive a sweets and cravings plate and a scented candle to take home. Pregnant guests need to be in 2nd trimester or further along.

## **UPGRADES**

### **VINOTHERAPY STEAM AND BATH** 30 minutes \$40 per person

Unwind before your spa treatments with some private time together in our luxurious couples suite and exclusive steam room. With total privacy, move between the warming and therapeutic steam room, refreshing showers and your personal soaking tub.

### **EXPRESS FACIAL** 30 minutes \$95

Pevonia combines natural ingredients with anti-aging, nourishing and balancing properties to create natural skin care solutions. Includes deep cleanse, exfoliation, facial massage, face mist and moisturizer.

### **FOOT RECOVERY** 15 minutes \$40

Recover after a hard walk ... a warm foot soak with mineral salts and a pressure point massage to relieve and revive.

### **GINKGO DE-STRESS EYE TREATMENT** 15 minutes \$40

Counteract puffiness and dark circles with an instant-release collagen bio matrix infused with ginkgo biloba. This natural fibre mask treatment increases periorbital circulation, soothes, cools and decongests the fragile eye contour while visibly reducing puffiness and dark circles. Eyes are rendered visibly rejuvenated. Ideal as a jet lag treatment for men and women.

### **SMOOTHING EYE TREATMENT WITH COLLAGEN** 15 minutes \$40

Treat your eye area to the repairing benefits of 100% pure marine collagen. This potent treatment immediately smooths fine lines and wrinkles while reducing crepiness.

### **SCALP TREATMENT** 15 minutes \$40

A moisture rich scalp treatment and pressure point massage releases tension, while the mask treatment is left on to deeply nourish your scalp and leave your hair feeling silky and looking shiny.

### **POUCH PASS** \$29

Relax in the Pouch area with a herbal tea, use the steam room and the infinity pool. The Pouch Pass is complimentary with any treatments that you have.



## SPA ESSENTIALS

### SPA CUISINE

Embody the experience of the Lost World Spa cuisine before or after your treatments. Choose from the nourishing menu designed to cleanse and restore your body's energies. Dine in the Pouch area whilst enjoying spectacular views. Some spa rituals include lunch. 12-hour notice required.

### SPA LIFESTYLE BOUTIQUE

Ensure you maintain the results you have achieved during your treatments with a selection of results oriented skin care products, sensory body care creams, wellness lifestyle literature, calming cd's, candles and herbal teas. Perfect opportunities to treat yourself, spoil your friends or stock up for a romantic weekend in your mountain villa.

### PRODUCT CHOICE

Pevonia's most powerful ingredients come from the safest source...nature. Pevonia has been the skincare brand of choice for the finest spas and professional skin therapists worldwide. By uniting the latest in advanced manufacturing and delivery systems, Pevonia delivers superior results and radiant skin to every skin type. Pevonia uses highly sustainable processes in line with the company's stance on environmental conservation and has been the leader in the cruelty-free skin care movement since its inception 20 years ago, we even offer Vegan options in both treatments and retail.

### INFORMATION ON VINO THERAPY

Vino therapy involves using grape seed extracts which happen to contain some of nature's most powerful antioxidants. These antioxidants are fifty times the strength of Vitamin E and ten times the strength of Vitamin C. The grape products are rich in collagen and firm the skin and slow down the aging process. The infusion of the extracts of grape will introduce healing properties and rejuvenate.

### GIFT VOUCHERS

A Lost World Spa gift voucher is a thoughtful, precious and romantic gift. Whatever the occasion, we are just a phone call or email away and are happy to arrange a gift voucher of spa treatments. You may wish to create a special occasion getaway by combining a weekend in our mountain accommodation, dinner in the dining room and a selection of spa treatments.

### VALUABLES

Upon arrival, you will be provided with a personal locker; however the spa cannot take responsibility for valuables left in change room lockers or robes.

### PUBLIC HOLIDAY

A 15% surcharge may apply to treatments and rituals booked on a public holiday. Any surcharge will be advised upon reservations.



## SPA ESSENTIALS

### GROUP BOOKINGS

Celebrations are perfect opportunities to enjoy time together and the spa is becoming a much-desired place to relax with friends. The Lost World Spa can customize a tailored program to suit your occasion.

### RESERVATIONS

We recommend pre-booking your spa treatments. Please let us know in advance if you have any special health or physical considerations that may affect your treatment in the spa. Please call our spa team to make a reservation at the Lost World Spa on 07 5544 0898. Minimum age for spa guests is sixteen years.

### ARRIVAL

Please arrive at least 30 minutes before your treatment, ensuring adequate time for you to change into a robe and slippers, use the steam room facilities, relax with a herbal tea and fill in your consultation form. Please understand that if you arrive late your treatment time may be reduced accordingly.

### CANCELLATIONS

We request cancellations or change in appointments to be advised to the Spa by close of business the day prior; otherwise a cancellation fee of 50% of the treatment value will apply.

### WHAT TO WEAR

During your body treatments you will be respectfully draped with large warm towels, with only specific areas undergoing treatment being exposed. Please bring your own swimwear if you plan on visiting the pool.

### SPA ETIQUETTE

To ensure that all guests enjoy a tranquil experience we request that noise is kept to a minimum. Mobile phones should be turned off before you enter the Spa. Smoking is prohibited in the Spa and we recommend you refrain from consuming alcohol prior to enjoying your Spa service.